skincare guide

DAILY

- Cleanse (face + body) with Waxxpot Clean Body Wash
- Moisturize (face + body) with Waxxpot Hydrate Body Lotion
- O Slather on SPF (no exceptions!)
- O Drink ample amounts of water
- 5 servings of fruits & veggies
- O Disinfect your cell phone
- O Take a warm, short shower
- O Meditate (or your fave form of stress-relief)
- Get plenty of Zzz's, Sleeping Beauty

WEEKLY

- \circ Exfoliate 2-3x (face + body)
- O Apply Waxxpot Prevent Ingrown Hair Serum 3x (on problem areas)
- Wash your sheets + pillowcases
- O Put on a moisturizing or sheet mask (a perfect diy spa night!)

MONTHLY

- O Visit Waxxpot and get yourself a fresh brows/brazilian/everything wax
- o Schedule your next wax while there!

ANNUALLY

 See the dermatologist for your annual skin exam (don't skip this!)

